

THE WORLD-WIDE MOVEMENT AGAINST WATER FLUORIDATION



In contrast to the claim that artificial fluoridation is one of the top ten public health achievements of the 20th century, it is actually **one of the most widely rejected health interventions in the world**.

Out of 195 nations, only 23 have any fluoridation. Over **95%** of the world's population is fluoridation-free. Following this trend, Utah and Florida became the first two U.S. states to prohibit fluoridation in 2025.

None of the largest Asian nations, including China, India and Japan, fluoridate. All African nations are virtually fluoridation-free. In Europe, only three out of 44 countries fluoridate (less than 2% of the population). A few have fluoridated salt, but only as a consumer choice.

France, Germany, Belgium, the Netherlands, Denmark, Norway and Sweden have all prohibited fluoridation, many citing the ethical problem of putting any drug in drinking water.

In nations that haven't banned it, nearly all major cities do not fluoridate their water, including **Athens, Barcelona, Budapest, Geneva, Helsinki, Lisbon, London, Madrid, Prague, Rome, and Vienna**.

Some organizations still support fluoridation, but **those opposing it grows year by year**. They include:

American Academy of Environmental Medicine • Austrian Dental Society • Bioscience Resource Project
Center for Health, Environment and Justice • Children's Health Defense • Council of Canadians
Danish Dental Society • Danish Society of Public Health • Dental Amalgam Mercury Solutions
Eau Secours (Quebec-based group promoting clean, safe water) • Environmental Working Group
Fluoride Free Canada • Food and Water Watch • Institute of Neurotoxicology & Neurological Disorders
International Academy of Biological Dentistry and Medicine • International Academy of Oral Medicine and Toxicology
League of United Latin American Citizens • Moms Against Fluoridation • Organic Consumers Association

Also, **many organizations once endorsing fluoridation have pulled back**, no longer taking a position, including: the Alzheimer's Association, American Academy of Allergy, Asthma and Immunology, American Cancer Society, American College of Obstetricians and Gynecologists, American College of Physicians, American College of Preventative Medicine, Center for Science in the Public Interest, Child Welfare League of America, Consumers Union (Consumer Reports), National Association of Social Workers, National Down Syndrome Congress, National Down Syndrome Society and National Kidney Foundation.

The trend is clear. And as the scientific data accumulate, more and more nations, cities and organizations are challenging the safety, efficacy, costs and ethics of fluoridation. **Ending fluoridation will be one of the top ten public health achievements of the 21st century.**