

Dentists & Doctors

who did their own homework and changed their minds

Expert in Public Health: "It is public health malpractice to continue adding fluoride to community water systems." - *Dr. Joseph Ladapo MD, PhD Florida Surgeon General (Nov. 22, 2024)*

Expert in Pediatric Medicine: "I would advise them (pregnant women) to drink bottled water or filtered water..." - *Dimitri Christakis, MD, MPH, editor in chief of JAMA Pediatrics on "Association Between Maternal Fluoride Exposure During Pregnancy and IQ Scores in Offspring in Canada" (2019)*

Expert in Dentistry: "If teeth are the only reason why you like fluoride, you better come up with a different reason. Fluoride hurts teeth, bones, brain, nerves, etc." - *Michael Taras, DMD, FAGD (2015)*

Expert in Preventative Dentistry: "The evidence that fluoride is more harmful than beneficial is now overwhelming... fluoride may be destroying our bones, our teeth, and our overall health." - *Hardy Limeback BSc, PhD, DDS, former President of Canadian Association of Dental Research, former head of Preventative Dentistry at the Univ of Toronto, co-author of 2006 National Research Council report 'Fluoride in Drinking Water' (2007)*

Expert in Biochemistry and Toxicology: "When I tried to raise the issue with the Australian Dental Association, whom I thought were interested in the science and in integrity, there was no interest. In fact there was a lot of pressure against me to say anything at all. There was a great concern about upsetting our principle sponsors, the toothpaste manufacturers..." - *Andrew Harms, BDS, former fluoridation promoter and President of the South Australian Dental Association (2013)*

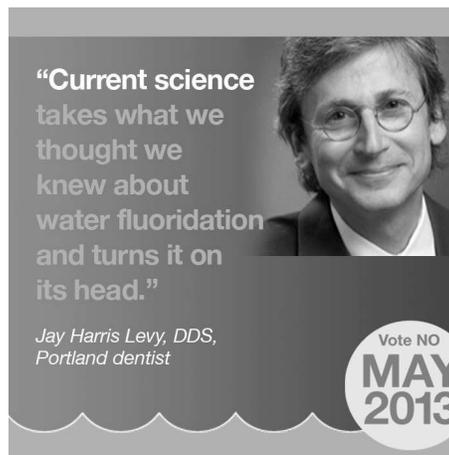
National Health Advisor: "There are numerous mechanisms by which uncontrolled dosing of fluorides through water fluoridation can potentially harm thyroid function, the body and the brain. I support federal investigative hearings looking into why our cities and towns are allowed to continue to add fluoride to public water sources and why the whole story about fluorides is only just now coming out." - *Mark Hyman MD, medical correspondent, author, expert in functional medicine (2016)*

Expert in Dental Politics: "By focusing on fluoridation instead of diet and dentist-access, organized dentistry allowed a national dental health crisis to occur on its watch and created a new one – dental fluorosis." - *David Kennedy DDS MPH, 3rd generation dentist and past president of IAOMT (2016)*

Expert in Dental Public Health: "I now realize that what my colleagues and I were doing was what the history of science shows all professionals do when their pet theory is confronted by disconcerting new evidence: they bend over backwards to explain away the new evidence. They try very hard to keep their theory intact — especially so if their own professional reputations depend on maintaining that theory.....It is my best judgement, reached with a high degree of scientific certainty, that fluoridation is invalid in theory and ineffective in practice as a preventive of dental caries. It is dangerous to the health of consumers." - *John Colquhoun DDS, former chief Dental Officer of Auckland, New Zealand (1998)*

Expert in Dental Surgery: "I had always subscribed to the theory of fluoride being a good thing in the drinking water... It took six months for me to switch my position. I did a lot of reading and thinking and came to the conclusion that fluoride's best-before date had passed and it was time that it should come out of the drinking water." - *Claude Doughty, DDS, former President of Royal College of Dental Surgeons of Ontario and former mayor of Huntsville, Ontario (2013)*

Expert in Fibromyalgia and Chronic Fatigue Syndrome: "Iodine is the key that turns on the thyroid's energy engine, but fluoride intake causes thyroid cells to pick up fluoride instead, causing the thyroid to become more sluggish. Studies show that ingesting only 2.2 mg fluoride daily, as from drinking 2 liters of fluoridated water daily (3 liters at .7 ppm), can slow thyroid function." - *Jacob Teitelbaum, MD (2016)*



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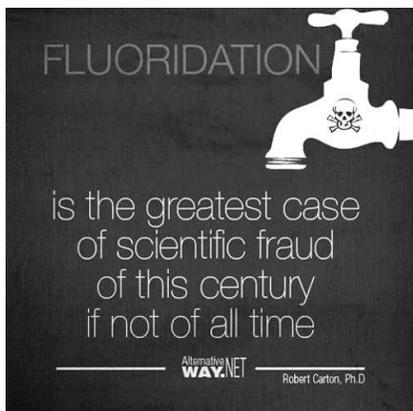
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Expert in Maternal-Child Health: "...the combination of aluminum and fluoride exposure results in the compound aluminum fluoride which can penetrate the blood-brain barrier potentially delivering the complex to the delicate tissues of the brain." - *Kelly Brogan, MD (2017)*

Expert in Cosmetic Dentistry: "It is my expert opinion as a cosmetic dentist and based on my 10,000 hours of study into the scientific controversy pertaining water fluoridation, that the decision made by the State of Queensland to add fluoride into the community water supply is not only dangerous but does not at all promote good oral health.....When I looked at the research, it was like a knee in the gut. My bias was I thought (fluoridation) was safe and effective because I had not looked at the research." - *Bill Osmunson, DDS, MPH (2010)*

Expert in Preventative Dentistry: "It's clear to anyone who has looked at this in any depth that tooth decay is linked to socioeconomic status, ethnicity, and access to health care, not to water fluoridation." - *Stan Litras, BDS, BSc, past President NZDA (2016)*

Neurosurgeon: "A multitude of studies have shown that aluminum, especially if combined with fluoride, is a powerful neurotoxin and that it accumulates in the brain." - *Russell L. Blaylock, MD, author of Excitotoxins (2008)*



Dentist: "Fluoride is a drug and any drug is dose dependent. Human susceptibility to dosage of drugs is different for each individual, depending on the state of their immune system, age and weight." - *John A. Rothchild, DDS, MAGD, DAAPM, IMD, NMD (2016)*

Expert in Molecular Toxicology: "Right now we have 1 in 6 children in the U.S. with neurodevelopmental brain disease, including ADHD, Autism Spectrum Disorders, low IQ and behavioral disorders, and 1 in 8 women who will develop thyroid disease. These two epidemics tell us that chemicals like fluoride and lead, both developmental neurotoxins and endocrine disruptors, have no place in our public water." - *Angela Hind MD (2015)*

Expert in Rejuvenation Dentistry: "The data is contrary to what has been the conventional belief that fluoride prevents cavities. There are non-fluoridated communities that have lower rates of decay than fluoridated communities. The CDC came out with research that 4 out of 10 adolescent children have teeth damaged by fluoride; out of that 16% have severe fluorosis which usually requires very expensive restorative dentistry....." - *Gerry Curatola, DDS, associate professor at NYU (2014)*

Expert in Medical Paternalism: "Modern Medicine cannot survive without faith, because Modern Medicine is neither an art nor a science. It is a religion." - *Robert Mendelsohn, MD, pediatrician opposed to fluoridation and author of "How To Raise a Healthy Child In Spite of Your Doctor" (1987)*

Expert in Toxicology: "The evidence of adverse health effects is of such magnitude and human being so varied in their individual constitution state of health at any moment, eating and drinking habits, etc., that it is inappropriate to say that fluoridation is a totally healthful and safe practice for all." - *Dr. Brian A. Dementi, toxicologist Dept of Health, VA (1980)*

Expert in Immunology: "Fluoride is capable of producing any number of symptoms. They include drowsiness, profound desire to sleep, dizziness, nasal congestion, sneezing, runny nose, sore throat, coughing, wheezing (asthma), chest pain, hives, and various intestinal symptoms. Most of the information concerning specific reactions to fluoride, as seen in private practice, never reach publication." - *Hobart Feldman, MD, American Board of Allergy and Immunology (1979)*